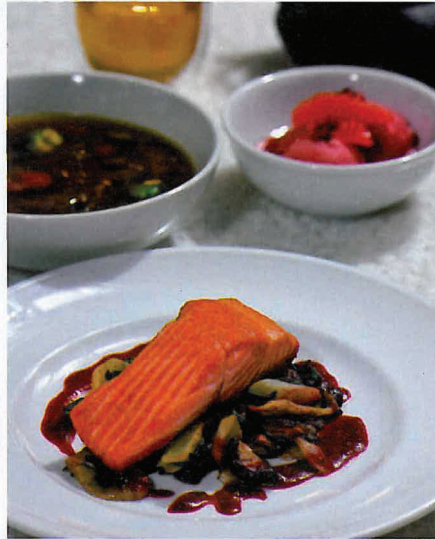


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DISH / *bites*



Best Defense

Still sticking to your resolution to eat healthy in the New Year? One tasty way to keep this promise is with True Food Kitchen and Dr. Andrew Weil's new **Immune Power Meal**. This prix-fix spread features three incredibly healthful courses with ingredients that support immunity function, like garlic, shiitake mushrooms and pomegranate. The Immune Power Meal is available through March 31. www.foxrc.com.